# How much time should I devote to studying, each week?

That depends on whether you have a test or not, and also what kind of person you are. If you understand the material, don’t force yourself to go over it, instead spend time with an area that is not as easy for you to understand. If you find that you understand all your courses, take that time to relax. While this may seem like you’re wasting time, reducing your overall stress while at college will drastically help your grades during the final semesters. I would spend no more than 8 hours a class per week though, and if you are you may consider seeking help.